

نموذج رقم ( 12 )

جامعة: المنصورة

كلية: التمريض

قسم: تمريض المسنين

توصيف مقرر دراسي

1- بيانات المقرر		
4 <sup>th</sup> level 7 <sup>th</sup> semester	الفرقة/المستوى:	Gerontological Nursing تمريض مسنين
2 credit hours 2 credit hour (Clinical and Field)	نظري عملي	عدد الساعات الدراسية: B.Sc. in Nursing credit hour system
	اسم المقرر:	NSc702
	الرمز الكودي:	
	التخصص:	

<p>This course aims to provide students with knowledge and basic skills that are required to identify social, psychological, and physical changes and problems of elderly and to provide the appropriate nursing care for the elderly people. As well as, help elders to have a successful aging and improve their quality of life.</p>	2- هدف المقرر:
<p>By the end of the course the candidate will be able to:</p>	3- المستهدف من تدريس المقرر
<p>A1. Define different terminology used in gerontological nursing. A2. State the normal physiological changes related to aging. A3. State the normal Psychological changes related to aging. A4. List normal social changes associated with aging A5. Identify common health problems among older adults related to changes A6. Identify nursing management for elderly patients with health problems A7. Mention the physiological and psychological needs of the older</p>	أ- المعلومات والمفاهيم:

<p>adults.</p> <p>A8. Identify nursing measures to help the older adults cope with relocation process.</p> <p>A9. Classify the basic nursing interventions according to patients' health problems in elderly.</p> <p>A10. Find principles of non pharmacological interventions with chronic diseases e.g. (hypertension, DM, osteoporosis, Alzheimer disease).</p> <p>A11. State the best nursing intervention for common chronic problems facing the elderly.</p> <p>A12. Mention the most appropriate nursing intervention to elderly in different care setting.</p> <p>A13. Identify the best evidence of nursing intervention regarding to prevention and control of common health problem of older adults.</p> <p>A14. Describe various aspect of health promotion</p> <p>A15. Mention appropriate health education for healthy lifestyle for elderly to promote and control health problems among elderly.</p> <p>A16. Identify different method for effective communication with older adults.</p> <p>A17. Mention the different form of abuse toward elderly.</p> <p>A18. Identify factors affecting the change in family structure and role</p> <p>A19. Describe measures to reduce caregiver stress</p>	
<p>B1. Analyze clinical findings of different physiological changes and its related outcomes</p> <p>B2. Analyze clinical findings of different psychological changes and its related outcomes</p> <p>B3. Integrate the results of health history , physical and laboratory tests</p>	<p>ب- المهارات الذهنية الخاصة بالمقرر:</p>

<p>findings into a meaningful nursing diagnosis for elderly patients with acute and chronic diseases.</p> <p>B4. Utilize nursing process in the delivery of health care for elders.</p> <p>B5. Design appropriate nursing management strategies for common health problem among elderly.</p> <p>B6. Predict various factors that place individuals for disease or injury to determine nursing action strategies</p> <p>B7. Use nursing process in meeting comprehensive needs of the elderly patients including physical, emotional and spiritual needs.</p> <p>B8. Apply theoretical knowledge from nursing and other discipline to evaluate health status experiencing different health problems.</p> <p>B9. Integrate the role of alternative therapy in care of elderly patients.</p> <p>B10. Design health education plan for elderly patient with chronic diseases.</p> <p>B11. Design appropriate nursing management strategies based on holistic approach of care.</p> <p>B12. Apply critical thinking approach in the delivery of health care management</p> <p>B13. Design appropriate nursing management strategies to reduce caregiver stress.</p> <p>B14. Demonstrate positive attitude toward elderly.</p>	
<p>C1. Perform complete general and specific physical examination for elderly patients.</p> <p>C2. Utilize various assessments to identify health problem.</p> <p>C3. Perform comprehensive assessment for physical, psychological and mental health status of the elderly.</p> <p>C4. Apply basic principles in counseling and health education.</p> <p>C5. Implements the standardized guidelines of nursing practice in dealing</p>	<p>ج- المهارات المهنية الخاصة بالمقرر:</p>

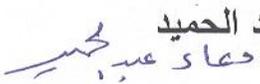
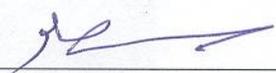
<p>with elderly ill patients with different chronic diseases.</p> <p>C6. Implement nursing care with safety and competent skills</p> <p>C7. Demonstrate compliance with the standard of professional performance.</p> <p>C8. Apply the principles and precautions of patients' safety during delivery of nursing care.</p> <p>C9. Apply the principles and precautions of patients' safety in different setting.</p> <p>C10. Assist elderly patient and their family to cope with emotional distress, spiritual, grief, and anxiety.</p> <p>C11. Apply the appropriate health education model according to needs of elderly person.</p> <p>C12. Write complete, precise, and relevant health assessment records.</p> <p>C13. Implement complete and accurate plan of elderly patient in hospitals</p> <p>C14. Record accurately the implemented nursing actions which should be complete, precise, accurate, and relevant</p> <p>C15. Uses the common record keeping forms of elderly patients in health care settings.</p> <p>C16. Retrieve documents in a way that insure information confidentiality.</p> <p>C17. Measure accurately the effect of nursing actions which can be reflected by patient's progress.</p>	
<p>D1. Participate in peer evaluation during the clinical and theoretical courses.</p> <p>D2. Prioritize plan of action.</p> <p>D3. Use principles of communication techniques in professional manner</p> <p>D4. Apply the principles of therapeutic communication with patients and families and community.</p> <p>D5. Present information accurately and clearly in written, electronic and oral forms.</p>	<p>د- المهارات العامة:</p>

<p>D6. Communicate ideas and argument effectively.</p> <p>E1. Recognize the culture diversity in health care related to elderly and their families</p> <p>E2. Apply the principles of privacy and information confidentiality in daily professional activities</p> <p>E3. Instruct information to patient/ client and families in manners that adjust their intellectual levels and emotional status.</p>	
<p><b>Content</b></p> <ul style="list-style-type: none"> <li>• Introduction to gerontological nursing</li> <li>• Physiological changes of aging</li> <li>• Psychological changes of aging</li> <li>• Social changes associated with aging             <ul style="list-style-type: none"> <li>• Health promotion</li> <li>• Communication with elderly</li> <li>• Family Caregiving</li> <li>• Attitudes toward elderly</li> <li>• Relocation of the elderly person</li> <li>• Elderly abuse</li> <li>• Dementia</li> <li>• Balance Exercise</li> <li>• Parkinson Exercise</li> <li>• Assistive Device</li> <li>• Environmental Safety</li> <li>• Falls in elderly</li> <li>• Cerebrovascular Accident</li> <li>• Parkinson Disease</li> <li>• Osteoarthritis</li> </ul> </li> </ul>	<p>4- محتوى المقرر:</p>

<ul style="list-style-type: none"> <li>• Osteoporosis</li> <li>• Urinary incontinence</li> </ul>	
<p>1-Interactive Lectures</p> <p>2- Case study</p> <p>3- Self learning activities</p> <p>4- Clinical training</p> <p>5- Field Trip</p>	<p>5- أساليب التعليم والتعلم :</p>
<p>According to the faculty procedures to caring for defaulters students</p>	<p>6- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :</p>
<p>7- تقويم الطلاب:</p>	
<p><b>1- Semester summative evaluation include:</b></p> <p>A. Assessment sheet</p> <p>B. Elderly home report</p> <p>C. Assignment activities</p> <p>D. Clinical performance evaluation</p> <p>E. Midterm exam</p> <p><b>2- Summative final evaluation that include:</b></p> <p>A. Objective structure clinical examination (OSCE)</p> <p>B. Oral examination</p> <p>C. Written examination</p>	<p>أ- الأساليب المستخدمة:</p>
<p><b>1- Semester summative evaluation</b></p>	
<p><b>A- Clinical practice evaluation:-</b></p>	
<p>1. Assessment sheet reports</p>	<p>2<sup>th</sup> week to 10<sup>th</sup> week</p>
<p>2. Elderly home report</p>	<p>2<sup>th</sup> week to 10<sup>th</sup> week</p>
<p>3. Assignment activities</p>	<p>10 week</p>
<p>ب- التوقيت:</p>	

4. Clinical performance evaluation	12 <sup>th</sup> week	
<b>B- Midterm</b>	6 <sup>th</sup> week	
<b>2- Final summative evaluation</b>		
A- Objective structure clinical examination (OSCE)	14 <sup>th</sup> week	
B- Oral examination	16 <sup>th</sup> week	
C- Written examination	16 <sup>th</sup> week	
<b>1-Semester summative evaluation</b>		
<b>A- Semester activities</b>	<b>120 marks (30%)</b>	ج- توزيع الدرجات:
A. Assessment sheet		
B. Elderly home report		
C. Assignment Activities		
D. Clinical performance evaluation		
<b>B- Semester written examination</b>	<b>40 marks (10%)</b>	
a- Mid Term		
<b>2- Final summative evaluation</b>	<b>240 marks (60%)</b>	
a- Objective structure clinical examination (OSCE)	60 marks (5%)	
b- oral examination	20 marks (15%)	
c- Written examination	160 marks (40%)	
<b>Total</b>	<b>400</b>	
<b>8- قائمة الكتب الدراسية والمراجع :</b>		
_____		أ- مذكرات

<p>_____</p> <p><b>Halter JB, Ouslander JG, Tinetti ME, Studenski S, High KP, Asthana S (2009):</b> Hazzard's geriatric medicine and gerontology (6th ed.). , New York: Mc Graw Hill Medical company.</p> <p><b>Miller CA (2009):</b> Nursing For Wellness in Older Adults (5th ed.). Philadelphia: Lippincott Williams &amp;Wilkins Company.</p> <p><b>Tabloski PA (2006):</b> Gerontological Nursing. New Jersey: Pearson education Inc.,.</p> <p><b>Touhy TA and Jett KF (2010):</b> Ebersole Hess' Gerontological Nursing &amp; Healthy Aging (3rd ed.). Canada: Mosby Company.</p> <p><b>Colledge NR, Walker BR, Ralston SH (2011):</b> Davidson's principals and practice of medicine (21th ed.). USA: Churchill Livingstone company.</p> <p><b>Down corpentr DNP. (Ed). (2018).</b> Adult-Gerontology Acute care nurse practitioner P&amp;A review. Spinger Publishing Company.</p>	<p>ب- كتب ملزمة:</p> <p>ج- كتب مقترحة:</p>
<p>_____</p>	<p>د- دوريات علمية أو نشرات .. الخ</p>

<p>مجلس رقم (134) بتاريخ 2014/6/18</p>	<p>معمد بموافقته مجلس الكلية</p>
<p>مجلس رقم (134) بتاريخ 2014/6/18</p>	<p>تم مراجعته وتحديثه طبقا للمعايير الاكاديمية القومية المرجعية بتاريخ</p>
<p>منسق المقرر د/ دعاء عبد الحميد </p>	<p>رئيس القسم العلمي أ.م.د/ سعاد حسن عبد الحميد </p>